



Villa Spalletti Trivelli

WELLBEING EXPERIENCE AT VILLA SPALLETTI TRIVELLI

ALLOW YOUR BODY AND MIND TO RELAX
AND TAKE TIME OUT FROM YOUR BUSY SCHEDULE:
IN THE WARM ATMOSPHERE OF OUR HAMMAM.
CLEANSE AND DETOXYFIFY YOUR SKIN WITH MASSAGE THERAPIES PERFORMED
BY OUR PROFESSIONAL THERAPISTS,
LEAVING YOU RELAXED AND REVITALISED, AND WHICH WILL HELP YOU
ACHIEVE THE BALANCE OF ENERGY AND WELLBEING.

SUGGESTED TREATMENTS FOR ALL SKIN TYPES:

****DETOXYFYING BODY SCRUB COMBINED WITH A GENTLE MASSAGE
WITH FLAVOURED ALMOND OIL
1 HRS 20 MINUTES € 150,00**

****MUD THERAPY, COMBINED
WITH REFRESHING LAVENDER OIL MASSAGE
1HRS 20 MINUTES € 150,00**

****WELLBEING PATH & AROMATIC MASSAGE (2 HRS):
FIRST RELAX IN THE WARM ROOM THEN MOVE TO AN EVEN HOTTER ROOM
BEFORE SPLASHING YOURSELF WITH COLD WATER.
A METHOD OF CLEANSING THE BODY AND RELAXATION PARTICULARLY
POPULAR DURING THE VICTORIAN ERA.**

THE PROCESS IS SIMILAR TO THAT OF A SAUNA BUT IS MORE
CLOSELY RELATED TO ANCIENT GREEK AND ROMAN BATHING PRACTISE.
TO COMPLETE THE PATH... A RELAXING AROMATIC MASSAGE
TOTAL € 100,00

****MANUAL LYMPH DRAINAGE 1 HRS € 100,00**